

AFTER THE RIDE BEGINS, EVERYTHING YOU NEED IS INCLUDED!

- Deluxe accommodations (with massage therapists)
- Breakfast & dinner
- Support vehicles & sag-wagons at short intervals
- Refreshments
- Trans-NH T-shirts
- Fire department escorts on final day
- The **Best Scenery** NH has to offer
- The rewarding & memorable experiences of helping individuals with neuromuscular diseases
- Riders who collect over \$1,200 receive official Trans-NH cycling attire

IMPORTANT

- Riders under 18 must request Board approval
- Helmets are MANDATORY – anyone **NOT** wearing a helmet will be asked to withdraw from the ride
- All riders must obey safety rules as established by State Motor Vehicle Laws
- The Board of Directors of the Trans-NH ride reserve exclusive right to reject, refuse or exclude any application by a rider or support crew member from the sponsored ride
- Register early!! The 3-day event is limited to 125 riders. All repeat riders have priority. All other applications will be processed on a first-come, first-serve basis.

HOW CAN I LEARN MORE?

You can call any of the following:

- Jerry Burns – 603.341.4888
- John Carlson – 603.483.5886
- Bart Hemmerich – 603.566.5708
- Michael Roberts – 603.584.9392
- Katie Pitkin – 603.289.6723
- Pam Wright – 603.801.0243

Go to our website at www.transnhbikeride.org

HOW DO I REGISTER?

You must submit your application with a non-refundable registration fee by June 1. Once you register you will receive a rider package that contains suggestions on equipment, information about the ride and pledge sheets.

SAFETY

We want you to ride safely! You must wear a helmet! All riders must sign a waiver in order to participate.

FUNDRAISING

Each rider is personally responsible for submitting the fundraising minimum (varies depending on length of ride selected). The \$50 registration fee (payable by check or credit card) is not refundable and will be applied to your fund-raising minimum.

Riders must provide a valid credit card number to secure registration. Those registered riders who fail to obtain the fundraising minimum by the start of the ride will incur a charge against their credit card sufficient to meet the stated minimum (varies with ride length).

CANCELLATION POLICY

Rider cancellations will be accepted through June 15th. Cancellations not received by June 15th will result in a charge against your credit card sufficient to meet the \$250 minimum.

FORMAT FOR THE 210-MILE TRANS-NH 3-DAY CHALLENGE

Day 1: Friday, June 23th – 90 miles

7:30 AM – Start at the Canadian border on Route 3 north of Pittsburg, NH. Ride through northern NH, finishing in No Woodstock. Enjoy refreshments, lawn games, and massages before dinner. Lodging and dinner are provided.

Day 2: Saturday, June 24th – 70 miles

Rolling start – Leave No Woodstock and wind our way south through Plymouth and Bristol finishing in Concord. Lodging, massages, breakfast and dinner are provided.

Day 3: Sunday, June 25th – 53 miles

Rolling start – Leave Concord and head east toward the coast. We'll regroup in Newington and have a fire truck escort to our finish at Red Hook Brewery. Breakfast, massages and finish line barbecue are provided.

2017 TRANS NH CHALLENGE APPLICATION

NAME: _____

ADDR: _____

City, ST, Zip _____

DAYTIME PHONE: _____

EVENING PHONE: _____

EMAIL: _____

D.O.B. _____ M _____ F _____

This is my _____ year participating.

Special Assistance Required.....Y _____ N _____

FirefighterY _____ N _____

VegetarianY _____ N _____

All rooms are doubles, no single rooms. Please request your roommate by June 15. Note that we cannot guarantee all requests will be filled – our goal is to use the least number of rooms.

ROOMMATE REQUEST: _____

SHIRT SIZE: _____

I AM REGISTERING FOR:

_____ 3-DAY CHALLENGE (\$50 REGIS FEE)

I agree to turn in \$1,000 by June 10; see terms listed in fundraising section.

_____ 2-DAY RIDE (\$50 REGISTRATION FEE)

I agree to turn in \$650 by June 10; see terms listed in fundraising section.

_____ CELEBRATION SUNDAY (\$50 REG FEE)

I agree to turn in \$250 by June 10; see terms listed in fundraising section.

_____ SUPPORT / MESSAGE CREW (NO REGIS FEE)

PLEASE TURN THIS OVER TO COMPLETE THE REMAINDER OF YOUR APPLICATION.

REGISTRATION, continued

CHECKS PAYABLE to: Trans-NH Bike Ride
MAIL TO: 25 Wentworth Drive
Bedford, NH 03110

CREDIT CARD INFORMATION:

VISA _____ MC _____ Discover _____ Amex _____

NAME ON CARD _____

CREDIT CARD NO _____

Expiration _____ Security code _____

SIGNATURE _____

IN CASE OF EMERGENCY PLEASE NOTIFY:

NAME: _____

PHONE: _____



RIDE 1, 2 or 3 DAYS

No time to train??
Can't get enough time off to do the whole ride??

No matter the reason, if you can't join us for the full 3-day Challenge, we offer 1 and 2 day alternatives:

TWO-DAY RIDE

- Your ride will start on Saturday, June 24th
- Fundraising minimum for this option is \$650, the same conditions apply regarding credit card requirement and cancellation policy
- Riders are responsible for their own transportation to the start in No Woodstock
- Riders arriving on Friday evening will be responsible for their own accommodations
- Once your ride starts, everything you need is included – see our list elsewhere in this brochure

CELEBRATION SUNDAY

Join the Challenge for the most inspiring day you may ever spend on a bicycle.

- Your ride is Sunday, June 25th
- Fundraising minimum for this option is \$250, the same conditions apply regarding credit card requirement and cancellation policy
- Riders are responsible for their own transportation to the start in Concord
- Riders arriving on Saturday evening will be responsible for their own accommodations
- Once your ride starts, everything you need is included – see our list elsewhere in the brochure
- Enjoy the camaraderie and positive energy as the riders follow a Fire Truck escort compliments of Newington Fire to our finish line party at the Pease Tradeport



TAKE THE CHALLENGE!!

Ride 1, 2 or 3 days

THE FIREFIGHTERS' CHALLENGE!!



Ride the
30th Annual Firefighters'
TRANS-NEW HAMPSHIRE
BIKE RIDE

For
The **MUSCULAR DYSTROPHY**
ASSOCIATION

June 23, 24 & 25, 2017

Trans-NH Bike Ride
25 Wentworth Dr
Bedford, NH 03110

www.transnhbikeride.org

INTERNATIONAL ASSOCIATION OF FIREFIGHTERS
www.iaff.org