

MDA Trans NH 2005



Good Day to All,

I would like to start off thanking everyone for their donations. This year I raised **\$2005** (funny isn't this year 2005, hmmm)! The number of riders were down from our typical 90 plus but the 70 plus riders raised over \$90,000 which will be given to the State of NH Muscular Dystrophy Association. The group that I rode with (11 characters in the above picture + 2 missing riders who must have been in the food line) raised somewhere around \$13,000. Small groups can make big impacts!

Day 1

The ride started at the NH/Canadian border on Friday (June 24) at 7:00 AM. The weather on this day had to be one of the most beautiful starts since I have been doing the MDA ride for the past 7 years. The sun was shining it was a cool 48 Deg and virtually no winds. As we all gathered around for today's final instructions the small group of riders had a moment of silent for Dr Tom Moser (veteran 5 year MDA rider) who suddenly past away this winter and for 3 other veteran MDA riders currently serving in Iraq. It's a wonderful group of people and there's a lot of camaraderie for such a good cause. Words can not describe the feelings and thoughts that each one of us will experience over the next 3 days other than to come by and take part. Day 1 ride was completed in 5 hrs 40min where the sun was just beginning to heat things up for tomorrow.



Day 2

Day 2 will start early than usual with the hope of beating the sun, heat and the humidity. I can tell that we already lost this battle since the sweat is just pouring off my body. As we are given our final talk before the start of today's ride to drink lots of fluids and to watch over each other my thoughts turn to Pat Moeschon (school teacher) who the ride is being dedicated too and how the challenge of surviving today's ride is small in comparison to the effort he puts out everyday to overcome the hardship of living with Muscular Dystrophy. Day 2 only 86 miles and 5 hr 18min later, Laconia never looked better! Tonight during dinner put on by the Laconia fire department Pat stops by and talks with us giving his thanks to all the people who donate there money and time for his cause. It's a pretty amazing time!

Day 3

Final day and the sun still shining! This got to be the first no rain MDA ride! This day is short and easy. There are some hang-on sections into Rochester and Dover where if you get into the right group of riders average speeds of 25 to 27mph are held for 10 miles or so. Thru each town the brotherhood of the firemen can be easily seen and always makes a big impression on me. We arrive in Portsmouth greeted by cheering family and friends standing on the side of the road while other curious bystanders are somewhat confused so hopefully we have spark an interest. Feeling this sensation of making it to the end and reflecting back on the pass 3 days, you know that the majority of these riders will return next year.

Thanks again for everyone's support and donation!

For more information and pictures I have attached the Trans NH Web Site.

<http://www.transnhbikeride.org/>